

Duration: 1 Day

Previous Experience Required: None

Course Overview: A basic introduction to first aid with specific emphasis on CPR, bleeding, shock, burns and drowning

Cost: £110

This one day course is designed to form one part of the STCW Basic Safety Training Week. Approval is MCA to STCW 95, A-V1/1-3. The course will equip students with the skills and knowledge to be able to take immediate action upon encountering an accident or other medical emergency onboard.

Particular emphasis is placed on scene management and protecting the casualty and first aider from further risks as well as the knowledge to deal with resuscitation, control of bleeding, shock management, treatment of burns and scalds. Students will also learn about using bandages and other contents of a basic first aid kit as well as how to transport a casualty to safety.

Teaching methods: Mixture of theory and practical sessions including videos, demonstrations and hands on practice using manikins.

Assessment methods: Students are assessed by a mixture of questioning and practical demonstration of aspects taught to ensure underpinning of knowledge.

Itinerary: 0900 until approximately 1700

What's Included: All course materials including a comprehensive Red Cross First Aid manual to take away. Lunch and morning and afternoon tea

Support Courses: [MCA STCW Personal Survival Techniques](#)

Course Dates and Online Booking

Telephone Bookings or Enquiries 023 8045 2668

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